



# St. Andrew's Anglican Church

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Priest: The Reverend Liz Richens

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## Working to feed our communities

Within the last few years many of us have become aware that it is harder to make ends meet. Between inflation and supply chain issues even those of us who never had to worry about where our meals come from have been paying attention to the grocery bill. For over 83,000 Manitobans\* the bills have become too much and they've had to rely on a food bank, including people in our own neighbourhoods.

Food bank use has more than doubled since 2019 and a quarter of those who use the food bank are employed\* but not earning enough for rent, bills and healthy food for their families. In our community one of these vital food banks, hosting 55 clients on average per month is in jeopardy.

The Mount Royal Food Bank distributed out of St. Stephen's and St. Bede's Anglican Church needs to relocate, as the Church that houses it has been sold. St. Andrew's Anglican Church, Woodhaven is trying to take up the reins and host that food bank to support the members of the community and ensure they need not travel much further to get the help and food they need.

However, it takes a community to feed a community.

We at St. Andrew's have hit a bump in the road. Manitoba Harvest needs us to pick up the food at the Manitoba Harvest location and to load it and transport it ourselves, but we currently are missing one final piece. Do you know of someone with a truck or van who can drive and load the food from 1:00 pm. to 2:30 one or two Thursdays a month? Without a truck we will be unable to continue. 55 families rely on this assistance in our community and we are missing this one piece to ensure the health and wellbeing of our neighbours.

This is an opportunity for you to really make a difference and to directly impact the lives of those around you. Looking forward to hearing from you by **August 31, 2023**.

To Volunteer please call Lisa (204-955-6470) or Anita (204-889-4150) Or email us at [lchurchw@gmail.com](mailto:lchurchw@gmail.com) or [Antix@mymts.net](mailto:Antix@mymts.net).

\* Harvest Manitoba 2021 annual report and Harvest Voices 2022